

# Nutrition Facts

Serving size 1 ounce (28g)

Amount Per Serving

**Calories** 130

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 90mg 4%

**Total Carbohydrate** 14g 5%

Dietary Fiber 1g 4%

Total Sugars 10g

Includes 9g Added Sugars 18%

**Protein** 3g 6%

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.