

Nutrition Facts

Serving size 1 ounce (28g)

Amount Per Serving

Calories **140**

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 20mg **1%**

Total Carbohydrate 14g **5%**

Dietary Fiber 2g **7%**

Total Sugars 10g

Includes 9g Added Sugars **18%**

Protein 3g **6%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.