

# Nutrition Facts

Serving size 1 ounce (28g)

Amount Per Serving

**Calories** 150

% Daily Value\*

**Total Fat** 12g 15%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 5mg 0%

**Total Carbohydrate** 14g 5%

Dietary Fiber 1g 4%

Total Sugars 11g

Includes 10g Added Sugars 20%

**Protein** 1g 2%

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.